

#### National Service Scheme, Shivaji College

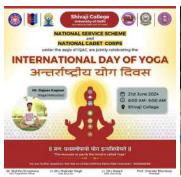
Reports & Geo - tagged Images | Session: 2024-2025

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## International Day of Yoga 2023 - 21.06.2024

**Report :** On 21 June 2024, the NSS unit of Shivaji College celebrated International Yoga Day under the guidance of certified yoga trainer Mr. Rajeev Kapoor. The celebration had warm-up exercises, *asanas*, and finally, ended with a finale illustration of *Surya Namaskar*, stressing on the mind-body coordination. Respected Principal, Prof. Virender Bhardwaj motivated the audience to practice yoga regularly in order to be fit and focused. The programme ended with a pledge, **gayatri mantra**, and the message that regular yoga is the key for a healthy human existence.







# 'एक पेड़ मां के नाम' कार्यक्रम - 14.7.24 -20.7.24

Report: Under the leadership of Shivaji College's NSS unit, the campaign 'एक पेड़ माँ के नाम' was successfully organised from July 14 to 20, 2024. The initiative encouraged students to honor their mothers, by planting trees in their homes, streets, and neighborhoods, contributing to environmental conservation. This effort aimed to cultivate a sense of responsibility and instill amongst citizens a sense of environmental consciousness.







## 10th National Handloom Day- 07.08.24

**Report :** The NSS unit of Shivaji College under the aegis of IQAC, commemorated the 10th National Handloom Day on 7th August 2024, to honor weavers for their contributions towards the socio-cultural and economic heritage of India. Faculty and staff members were dressed in handloom clothing, signifying a spirit of supporting sustainable crafts and culture. This activity was done under the vision of *Viksit Bharat@2047*, to work towards environmental sustainability and celebrate India's rich cultural legacy.





# 'Har Ghar Tiranga' Campaign - 14.08.24 - 15.08.24

**Report :** The NSS unit of Shivaji College organised the *'Har Ghar Tiranga'* campaign under the *'Meri Mati Mera Desh'* initiative from August 13th to 15th, 2023. The campaign celebrated patriotism, with participants proudly displaying the Indian tricolor in the vicinity of their homes. The event fostered unity and love for the motherland.







## Independence Day Celebrations - 15.08.24

**Report :** NCC & NSS, Shivaji College celebrated Independence Day with vibrant patriotism and unity. The event was initiated with the hoisting of the national flag by Respected Principal Prof. Virender Bhardwaj, followed by the singing of the national anthem and the NCC cadet parade. The

Principal's inspiring address emphasized the significance of the day, and encouraged students to contribute towards national progress.



# 'बेटी बचाओ, बेटी पढ़ाओ' -नुक्कड़ नाटक-23.08.24 - 30.08.24

**Report :** The NSS Unit of Shivaji College under the aegis of IQAC and *MISSION SHAKTI* organised a nukkad natak 'Aaj ki beti padhegi, tabhi toh aage badhege' to popularize the 'Beti bachao, beti padhao' initiative of the Government of India. It portrayed how many girls were unable to pursue their education, and the impact of the same. It evoked the importance of the women's education for the uplift of women and the growth of the Indian Economy.





# 'Swachhta Hi Sewa' campaign- 23.09.24 - 02.10.24

**Report :** The NSS unit of Shivaji College celebrated *'Swachhta hi Sewa'* week from 23rd September to 2nd October 2024, with home and campus-cleaning drives, promoting cleanliness as a daily habit. Volunteers shared pictures of cleaning (before-and-after the event), emphasizing the value of clean surroundings. Reusable cloth bags were gifted to participants, spreading awareness about reducing plastic waste. The celebration concluded on 2nd October with a *'Swachhta* Pledge' and a session on the subject of mental and moral cleanliness.







# Human Chain Formation on "SIGNIFICANCE OF NUTRITION ON HUMAN HEALTH" - 03.10.24

**Report :** On 3rd October 2024, the NSS unit of Shivaji College, under the aegis of IQAC, formed a human chain near the DC office in Rajouri Garden, to promote awareness about good nutritional habits amongst people. Volunteers displayed colorful posters, highlighting healthy and unhealthy food choices. The event encouraged participants and the public passing by to rethink their dietary habits, fostering collective awareness amongst them.







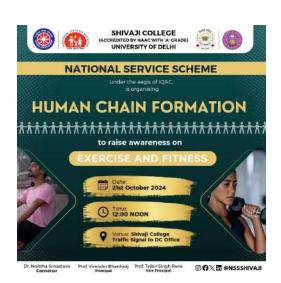
#### Kishmish distribution - 04.10.24

**Report :** On 4th October 2024, the NSS unit of Shivaji College conducted a *Kishmish* distribution drive in Raghubir Nagar, to combat anemia in adolescent girls. Raisins, a natural source of iron, were distributed to raise awareness about the importance of iron in preventing anemia. The event emphasized the role of iron-rich foods in managing anemia, and educating families of social stratas, on the health benefits of consuming *Kishmish* in the right quantities. This initiative addressed both immediate dietary needs and long-term health awareness.



# Formation of Human Chain on 'HEALTH & FITNESS' - 21.10.24

**Report :** On 21st October 2024, the NSS unit of Shivaji College, under the aegis of IQAC, organized a human chain from the college to the nearby traffic signal, to raise awareness about physical exercise and fitness. NSS student volunteers and faculty members enthusiastically participated, holding handmade posters and flyers, promoting the benefits of regular physical activity. The event emphasized the importance of weight management, cardiovascular health, mental well-being, and overall fitness. It successfully highlighted the collective commitment of NSS towards a healthy human lifestyle.







# 'अंग दान महा दान' Seminar - 25.10.24

**Report :** On October 25th, 2024, the NSS and NCC units of Shivaji College, in collaboration with *Dadhichi Dehdaan Samiti*, organized a seminar on organ-donation awareness. The event aimed to motivate the audience to pledge their organs posthumously, highlighting its life-changing impact. Guest speakers Mr. Kamal Khurana and Mrs. Poonam Malhotra, along with Respected Principal Prof. Virender Bhardwaj, emphasized the importance, process, and laws related to organ donation. A poster-making competition with prize money further engaged students, making the seminar a successful and impactful initiative.



Convenor Lt. (Dr.) Rajinder Singh Associate NCC Officer







### Sweet distribution drive - 25.10.24

**Report :** On 25th October 2024, the NSS unit of Shivaji College celebrated Diwali, by distributing sweets and snacks to children in Raghubir Nagar, spreading joy and happiness amongst them. The event highlighted the importance of kindness, compassion, and sharing, during festive times.

